



THE ABBEY KITCHEN

RESTAURANT | BAKERY | CREAMERY

www.ArcadiaValleyAcademy.com

[f/TheeAbbeyKitchenArcadia](https://www.facebook.com/TheeAbbeyKitchenArcadia)

211 South College Street, Arcadia, Missouri 63621 | 573.546.4249 or 314.960.1983

Starters



⊕ PORTABELLO PLEASURES

Golden fried portabello mushrooms served with our special blend of house made ranch. 6.99

OUTRAGEOUS ONION STACK

Sliced onion rings hand battered & fried golden brown. 6.99

TAUM SAUK FRIES

A Mountain of premium french fries smothered in our house made cheese sauce topped with bacon crumbles. 6.99

PICKLE PILE

Select cut dill pickle chips, hand battered, fried golden brown & served with a side of chipotle ranch. 6.99

MAC N CHEESE BITES

Our own hand breaded mac n cheese bites unlike any you've ever had. Little hand prepared cheesy bites of golden deliciousness. 6.99

TWICE FRIED PUB CHIPS

Our amazing house cut chips hand prepared in our special seasoning smothered in homemade cheese sauce, bacon crumbles, & sour cream. 6.99

WING N' THINGS

Boneless fried chicken wings tossed with your sauce of choice & served with a side of ranch. 6.99

HOT • MILD • SWEET CHILI • GARLIC PARMESAN • BARBEQUE • HONEY SRIRACHA



LIGHTER SIDE

ENDLESS GARDEN

All you can eat soup, salad and bread bar. 7.95

SAME OLE SIDE SALAD

Just right to get your green on, includes lettuce, tomatoes, onions, green peppers, & homemade croutons. 3.99

ATHENA'S GARDEN

Crisp romaine lettuce topped with vine ripened tomatoes, kalamata olives, red onions, green peppers, cucumbers, feta cheese, & homemade croutons, with our signature Greek dressing on the side. 7.49

Add chicken breast for 1.99 more.

HEN HOUSE SALAD

Bed of lettuce topped with choice of grilled or fried chicken breast, red onions, green peppers, tomato, cheddar cheese, & homemade croutons, with your choice of dressing. 7.49

BARNYARD SALAD

Fresh greens from the farm topped with barnyard favorites like diced ham, boiled eggs, shredded cheddar, homemade bread croutons, red onions, green peppers, cucumbers, & fresh tomatoes served with our signature homemade ranch dressing. 7.49

STRAWBERRY PATCH

A fresh tender mixture of lettuce greens tossed with fresh strawberries, candied pecans, smoked bacon, red onions, green peppers, & homemade croutons. Served with our homemade strawberry dressing. 7.49

ALL DRESSING ARE SERVED ON THE SIDE.

House (Poppy Seed Vinaigrette), Ranch, French, Thousand Island, Italian, Honey Mustard, or Bleu Cheese.



Homemade Soups

SIGNATURE IDAHO POTATO SOUP

Bowl 4.95

BRENDA'S BROCCOLI CHEDDAR SOUP

Cup 2.99

SOUP OF THE DAY

Add a "hunk" of bread 1.25



homemade
BREAD BOWL
5.95

⊕ Thee Abbey Signature Dish

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

SANDWICHES

All sandwiches are served with a side of hand-cut chips. Upgrade to French fries for 1.00

RADICAL REUBEN

Oven roasted turkey breast sautéed with sauerkraut, melted Swiss cheese and 1000 Island Dressing, served on our house made wheat bread. 7.99

HIGH SIERRA

Served cold with sliced turkey & bacon, provolone cheese, lettuce, tomato, avocado, & honey mustard on our homemade french bread. 7.99

† **THE BIG MONTE**

This unique sandwich is a combination of turkey, ham, and cheddar cheese, grilled to perfection on Thee Abbey's famous french toast, lightly dusted with powdered sugar. 7.99

BACONATOR

Bacon, lettuce, tomato and mayo served on our homemade toasted wheat bread. 6.99

ULTIMATE HAM

Grilled ham topped with two fried eggs, smoked bacon, & American cheese. 7.99

OZARK RAZORBACK

Our pan-fried pork tenderloin is served on our famous homemade french bread with lettuce, tomato, & mayo. 8.99

THEE ABBEY CLASSIC ROAST BEEF

Our famous tender roast beef served on our homemade wheat bread with lettuce, tomato, & mayo. 6.99

† **FRENCH DIP**

Our famous tender roast beef with provolone cheese served on our homemade french bread, & a side of au jus sauce. 7.99

PHILLY PERFECTION

Our famous tender roast beef topped with with caramelized onions, bell peppers, & provolone cheese served on our famous homemade french bread. 7.99

PDQ BBQ

Our famous tender roast beef smothered in BBQ sauce with provolone cheese served on our homemade french bread with pickles, onions, & green pepper. 7.99

FLAMIN' BIRD

Deep fried chicken sandwich with our special sriracha sauce, ranch, & lettuce. 7.99

CHICKEN CLUB

Grilled chicken breast topped with smoked bacon, smothered in ranch dressing and topped with provolone cheese, lettuce, & tomato. 7.99

THEE ABBEY CHICKEN

Baked chicken breast served on our homemade wheat bread with lettuce, tomato, pickles, onion, & mayo. 6.99

GARDEN CHICKEN SANDWICH

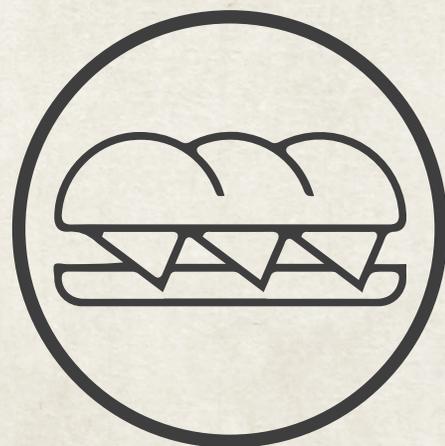
An Abbey original, a special blend of fresh vegetables & dressings combined to make a savory chicken salad mixture served on our homemade french bread with lettuce, tomato, green peppers, & a touch of onion. 7.99

THE FRICKEN FRIED CHICKEN SANDWICH

Tender chicken breast hand battered and fried, served on our homemade french bread with lettuce, tomato, and mayo. 8.99

THE MIGHTY MO SANDWICH

Fresh & flaky catfish hand-prepared & fried perfectly, served on one of our fresh baked French bread with lettuce, tomatoes, & house made tarter sauce. 7.99



REAL ROAST BEEF

Our genuine roast beef is slow cooked in house with our house blend seasonings.

† Thee Abbey Signature Dish

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

Burgers



All burgers are made with fresh custom ground beef from Ruble's Meat Market on our house made bun. Served with a side of hand-cut chips or fries.

THE ABBEY

½ pound patty grilled to perfection served on our famous homemade bun with fixings of your choice. 8.99

OZARK BACON CHEDDAR

½ pound patty grilled to perfection served on our famous homemade bun with cheddar cheese, bacon & fixings of your choice. 9.99

ST. JOSEPH'S BUSTER

½ pound patty grilled to perfection and topped with grilled ham, bbq sauce, jalapenos, onion rings, smoked bacon and topped with American cheese. 9.99

SMOKE HOUSE BLEU CHEESE

½ pound patty grilled to perfection, covered in bleu cheese crumbles and onion rings. 8.99

SHROOMS & SWISS

Sautéed mushroom planks and Swiss cheese melted over our fresh ground beef. 8.99

TEXAS BACON RANCH

½ pound burger patty grilled to perfection, topped with buttermilk ranch dressing, smoked bacon and pepper jack cheese. 8.99

THE ZEUS

½ pound famous fresh hamburger patty grilled to perfection and topped with melted feta cheese, fresh Greek relish and tzatziki sauce. 8.99

THE SIZZELIN' SRIRACHA

½ pound patty grilled to perfection and topped with sriracha hot sauce, pepper jack cheese and fried jalapeno peppers. 9.99

THE PERFECT PATTY MELT

Two 4 oz patties grilled and seasoned served on our thick toasted bread slices with melted swiss cheese and caramelized onions. 8.99



ENTREES

Served dinner style with our hand smashed garlic potatoes and savory green beans with bacon and onions. (Excludes Chicken Fingers) Upgrade to the salad bar for 2.99

SUNDAY BEST ROAST BEEF

Our famous slow cooked roast beef. 10.99

MIGHTY MO DINNER

Two tender generous Catfish Filets hand dipped and fried to perfection. 10.99

HOTTUB CHICKEN

Three pieces of fresh chicken hand dipped and fried to perfection using our own secret recipe of herbs and spices. 10.99 • All White Meat add 1.50

CHICKEN FINGERS

Served with French fries. 8.99

OZARK COUNTRY FRIED STEAK

Choice of beef or pork cutlet, hand-tenderized, hand-battered, & fried golden brown. 12.99



Pasta

⊕ TUSCAN CHICKEN ALFREDO

Homemade Alfredo sauce with grilled chicken breast served over tender fettuccine noodles. 12.99

SICILIAN SPAGHETTI

Our one-of a kind savory meat sauce, served over spaghetti noodles. 11.99

⊕ Thee Abbey Signature Dish

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

Kids Menu



For kids 12 and under. Served with a beverage and choice of kids side: French fries, chips, applesauce, green beans, cup of soup, or side salad.

NOT REALLY CHICKEN FINGERS 4.99

PERFECT PIZZA BREAD 3.99
Choice of cheese or pepperoni

CHEESE QUESADILLA 3.99

GRILLED CHEESE 3.99

KIDS KAMIKAZE BURGER 4.99

SIMPLY MAC N' CHEESE 3.99

Sides

NAKED FRIES 2.99

SAME OLE SIDE SALAD 3.99

CUP OF SOUP 2.99

ABBEY PUB CHIPS 1.99

SIMPLY MAC N' CHEESE 2.99

BEVERAGES

LEMONADE 2.29

ICED TEA 2.29

DRAFT ROOT BEER 2.49

SODA 2.29

Coke, Diet Coke, Mellow Yellow, Dr Pepper, Diet Dr Pepper, Root Beer, Sprite, Orange Fanta

COFFEE, HOT CHOCOLATE, HOT TEA 2.29

Ask for full beverage listing for Specialty Drinks.



About

THE ABBEY

Founded in 1847 as Arcadia College, the beautiful grounds and original 4-story building served as a local private high school until the Civil War. During the war years it was a hospital for the North. After the war The Academy was in a terrible state of disrepair and was sold to the Ursuline Catholic Sisters in 1877 who spent the next 100 years carving the beautiful campus from the rugged countryside. The 8 buildings that remain stand as a testament to these sisters' faith, strength and determination.

The last graduating class from Ursuline Academy was in 1971, after which the buildings served as a convent until sold to a private investor at an auction in 1992.

In 1999 the Oyler family purchased the buildings and they are restoring the Academy to be a premier destination vacation spot.



From the Bakery



BREADS

Available in White or Wheat

**LOAF OF FRESHLY BAKED
HOMEMADE BREAD 4.75**

"HUNK" OF BREAD 1.25

DINNER ROLLS

Each .50 • Dozen 6.00

Special Orders Available

Pies • Sweet Pastries • Brownies • Cakes
Cookies • Breads • Dinner Rolls

DESSERTS

CINNAMON ROLL

Cream Cheese Frosting or Caramel Pecan Topping 4.95

WHITE LIGHTNING BROWNIE

A brownie lovers dream...Homemade brownie laced with a heavenly sweetened cream cheese mixture with chocolate chips swirled throughout. 1.75

CARIBBEAN CREAM PIE

A rich vanilla filling laced with shredded coconut topped with a mound of whipped cream and toasted coconut. 3.95

SLICE OF CAKE 3.95

ASK FOR DESSERT OF THE DAY

THE CREAMERY

Frozen custard made here at our own creamery.



ONE SCOOP 2.25

CONES

Cake Cone 2.25 • Sugar Cone 2.75
Homemade Waffle Cone 3.25

CONCRETES

(Includes one topping)

Medium 3.25 • Large 4.50

Extra Topping .75

Butterfinger, Reese's, Brownie, Oreo, M&M's,
Cookie Dough, Hot Fudge, Chocolate Syrup,
Strawberry Syrup, Cinnamon Rolls

SHAKES/MALTS

Chocolate, Vanilla, or Strawberry 4.49

Sundaes

HOT FUDGE SUNDAE 4.25

CHOCOLATE SUNDAE 4.25

STRAWBERRY SUNDAE 4.25

BROWNIE SUNDAE

Two scoops of our creamy homemade vanilla custard, served over a yummy homemade chocolate fudge brownie topped with hot fudge, whipped cream, nuts, & a cherry. 5.95

BANANA SPLIT SUNDAE

Three scoops of rich creamy frozen custard between a ripe tasty banana split in half and covered in chocolate sauce, strawberry topping and pineapple topped with fresh whipped cream, a cherry, & toasted pecans. 6.95

CINNAMON ROLL SUNDAE

Our famous cinnamon roll topped with two scoops of our frozen custard, homemade caramel, whipped cream, toasted pecans, & a cherry. 8.95

— *We Cater* —